



City of Montclair
Human Services Department



**WOMEN'S ADULT VOLLEYBALL
LEAGUE RULES
SUMMER 2016**

MATCHES: Games will be played at 7:30 p.m. and 8:15 p.m. Match time for all league games is 45 minutes. Two out of three games constitutes a match. Win/loss match records determine final rankings. If a tie exists, head to head competition will be used as a final tie-breaker between the two tied teams. If still tied then most total points scored will determine tie breaker.

GAMES: Teams will play at all times throughout the season. Games are to 25 points by rally score for the first two sets, if a third set is necessary it will be played under a rally score to 15 points or until the completion of 45 minutes (whichever occurs first). A team must win by two (2) points. One (1) point will be awarded for each set won. Each team may call two (2), thirty (30) second time-outs **per set**.

FORFEITS: There is a five (5) minute grace period for the first game of the match. One (1) win will be awarded to the non-violating team after the end of the grace period. The official's watch (or any timepiece so designated by the referee) is used for official time for both game start and end. No protests are allowed over disagreements with the referee's timings. \$24.00 will be deducted from the forfeit deposit for each forfeit. After (2) two forfeits the team will be automatically withdrawn from the league. The teams involved in a forfeit are allowed to use the court during the time allotted for their game, but the referee will not officiate and the teams will assume full liability. Should a team know in advance that it will forfeit a game; they should notify Recreation Supervisor, Fernando Saltos at 909-625-9496.

TEAMS:

- A.** A team shall consist of six (6) players; however a game may begin with a minimum of four (4) players to avoid a forfeit. All players' names must appear on the roster. Team rosters are due on your first game. **Any additions to the roster must be made prior to the fourth game.** All rosters must be completely filled out, including addresses, phone numbers and signatures of all players. **Penalty:** teams will not be allowed to play and granted a forfeit.
- B.** NO player may be listed or play on more than one (1) team.
- C.** Team rosters are limited to a maximum of ten (10) players. Only players listed on the roster may play in league games. Players **MUST SIGN** the Official Game Card before each game.
- D.** Players must be 18 years of age or older. All players shall provide picture identification. The official must be able to see identification upon request. Any player unable to produce ID will not be allowed to participate in the game. (Requests to have ID checked must be made to the official before the start of the game or when a substitute enters the game.) A team may have only one player of age 17, but must have a waiver on file.

SUBSTITUTIONS: A team may make an unlimited number of substitutions per game.

RESPONSIBILITIES OF MANAGERS: Each team shall have one (1) permanent manager. Duties shall include, but not be limited to the following:

1. Report and keep current the phone number and address of the manager, as well as player roster.
2. Ensure that each team member has read and understands the rules and regulations. Managers are responsible for the conduct of their players and their fans.
3. Cultivate a professional relationship, based on mutual respect, with the scorekeeper, as well as referees, both of which are covered under the Players Code of Conduct.
4. Filling out and submitting the line-up card to the scorekeeper five (5) minutes prior to game time.
5. Knowing how to correctly protest a game, and the proper submission of the Official Protest Form to the Human Services Department.

PLAYOFFS: Top four (4) teams will make the playoffs.

Note: in the event of teams having identical records the following steps will be taken:

- a) Who beat whom
- b) Point difference between games played against each other only
- c) Total points scored for the team during the season

PLAYOFF ELIGIBILITY RULE: To be eligible for playoffs players **MUST SIGN** the Official Game Card before each game. Names on Roster **do not** constitute eligibility. Players listed as **STARTERS** must play in a minimum of (5) games throughout the season. Players listed as **SUBS** must play in a minimum of one game during the season. Also, there must be at least four (4) **STARTERS** on the court during play-off games.

UNFORSEEN CIRCUMSTANCES: In the event of a player(s) listed on the roster being injured during the course of the season, upon approval from the Recreation Supervisor, a substitute player may be added to the roster as a **SUB** or **STARTER**. All teams will be notified of any change to your roster.

CANCELED GAME INFORMATION: When the Human Services Department Office cancels games, the team manager will be notified.

OFFICIALS FEES: Each team is responsible for paying \$12 per game to the score table, including playoff games. There will not be a coin toss until payment is made. If at game time there is no payment rendered a forfeit will be called at game time in favor of the non-violating team.

PROTESTED GAME: The team manager shall notify the official immediately when a game/match is being protested (immediately meaning before the next serve). The official will then notify the other team that the game/match is being played under protest. The protesting team shall submit a written statement of why the game/match is protested accompanied with a \$25 protest fee to the Human Services Department Office no later than the close of the following workday. **Protests will only be considered on rule interpretation, not judgment calls.** *Note:* in the event of a game/match being made up because of a successful protest, the Recreation Department will schedule, a make-up game/match, as quickly as possible

Protests will be decided by the Recreation Supervisor within two (2) days (Mon. - Thurs.) of notification. All decisions on protested games are final. *Note:* the \$25 protest fee will be refunded entirely if the decision is made in favor of the protesting team.

SAFETY RULES:

- A. No exposed jewelry (watches, rings, bracelets, earrings, hair clips, etc.) is allowed. This applies to metal parts of casts or other medical devices, except medic-alert-type tags. Knee braces, etc., may be worn if all hard, metal and/or sharp areas are wrapped and not exposed. The officials' discretion will be used, and their decision final. Players are to secure their jewelry and are responsible for it. One (1) stud earrings are allowed to be worn during league play.
- B. The Human Services Department encourages fan participation at our games. Players who bring their children to the games carry full responsibility for the safety and behavior of their children.
- C. While volleyball is a relatively clean sport, injuries do occur. Blood-borne diseases are serious enough to warrant specific guidelines for dealing with players who are visibly bleeding, or who have blood on their uniforms or clothing. If a player has an injury which causes visible bleeding or which causes any piece of clothing to become saturated with blood, that player must leave the game until the bleeding is stopped and/or the clothing replaced.

GENERAL RULES:

- 1. Only the manager may address questions concerning a player, the game, or an official's call.
- 2. Each player must sign-in prior to each match; failing to do so may result in a forfeit for the violating team.
- 3. A coin toss between the managers of each team will determine who will serve first. If the team winning the coin toss opts to choose side over serve this will be permitted, otherwise loser of the toss may choose courtside.
- 4. A set will consist of 25 points with the exception of the third set. A team must win by two (2) points. One (1) point will be awarded for each game won.
- 5. Each team will have two (2), 30 second timeouts per set.
- 6. The losing team shall serve.
- 7. The net serve shall be allowed, and play shall continue provided net contact is entirely within the white border around the net.
- 8. The first server of the game is the player in the right back position. Thereafter, when a team is awarded a side-out the player in the front right position rotates to the serving area.
- 9. Each team member shall serve in turn and may have one chance to hit the ball over the net on the serve.
- 10. The server shall have five (5) seconds to serve the ball after the referee's signal to serve. The server may not catch the ball after an aborted serve (i.e. the server must let the ball drop to the floor).
- 11. A re-serve shall be called when the server releases the ball for service, and then lets the ball drop to the floor. The official will cancel the serve and direct a second and final attempt to serve. Only one re-serve is permitted per player, per turn in rotation at service.
- 12. The server shall stand with both feet behind the rear boundary line, but is allowed to cross the line when serving the ball, but may not exceed the black basketball sideline. The serving area shall be behind the end line and from sideline to sideline.
- 13. The ball may be served underhand, overhand, or sidearm and may be hit in any manner by the hand.
- 14. Blocking across the net is allowed, however, no back line player is allowed to spike the ball, unless his/her take-off is behind the ten (10) foot restraining line.
- 15. The ball may not be thrown or scooped with open hands over the net.
- 16. Legal contact is a touch of the ball by a player's body which does not allow the ball to visibly come to rest or involve prolonged contact with a player's body.

17. If a player is hit by the ball, it is considered legal contact and to have been played.
18. When the ball lands on the boundary line, it is considered in the court. It is legal for a player to run out of bounds and play the ball; however, a player may not enter another volleyball court to play the ball.
19. A ball hit off the ceiling of the offensive team is playable. Balls hit off the ceiling of the opposing team results in a point or side-out for the opposing team. No balls may be played off any basketball backboards, goals, or walls.
20. Foul language will not be tolerated. A point/side-out will be awarded to the non-violating team. The Recreation Supervisor has the ability to suspend any player for abusive language, physical violence, and any other unsportsmanlike conduct deemed inappropriate by the official.
21. There is a \$25 fee to reinstate a suspended player. This fee must be paid prior to the next league match.

NOTES:

- A. The top two (2) teams will receive T-shirts for all players listed on the team roster. The Champions will also receive medals and a team trophy.
- B. Standings will be posted once a week. Copies of the standings are available from the scorekeeper and online at www.cityofmontclair.org/adultsports

Emily Gomez, Senior Recreation Specialist, (909) 625-9482
Fernando Saltos, Recreation Supervisor, (909) 625-9496
Human Services Department Front Desk, (909) 625-9479

PLAYERS CODE OF CONDUCT

I pledge to demonstrate positive support for all players, coaches, officials and staff members at all games.

I pledge to never make negative comments about the game officials, coaches or players because I understand that negative comments are destructive and will only result in damaging and ruining everyone's athletic experience.

I pledge to support game officials and staff members at all times, even if I do not agree with a call, because their presence is to make the game safe, fun, and fair for all that are playing.

I pledge to support a sports environment that is free from drug, tobacco and alcohol and will refrain from their use at all games and events. Players under the influence of any substance will be removed from the game. Officials are required to immediately suspend player(s) from play and to report incident to the Recreation Supervisor. Failure to comply with this request will result in forfeiture of the game or possible removal of the team.

I pledge not to be involved in fighting or unsportsmanlike conduct before, during, or after a game will automatically be suspended from the league and will not be allowed to return until the Recreation Supervisor reviews the incident. A reinstatement fee of \$25 will also be applied.

I understand that any and all of my actions are subject to review by the Administrators of this sports league.

I fully understand and accept the standards outlined, and pledge to uphold them for myself and for all guests I bring to all sports events. My signature below will serve as my public acknowledgement of my unconditional agreement with each standard contained in the 2016 Spring Women's Adult Volleyball League Rules. I realize that if at any time my behavior becomes non-compliant with any of these standards contained in the 2016 Spring Women's Adult Volleyball League Rules, I may be asked to immediately terminate my participation in the City of Montclair's Women's Adult Volleyball League.

Signature of Participants:

Date:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

MANAGER AGREEMENT

I, _____ the manager of, _____,
(Managers Name) (Team Name)

understand and agree to the above rules of the City of Montclair Women's Adult Volleyball League. By my signature, I am acknowledging and agreeing to the rules throughout the 2016 Spring Season.

Manager's Signature

Date

Recreation Supervisor

Date